

# **FACTS ABOUT**

**THE**

**VIGO COUNTY**

**ADULT AND CHILD**

**GUIDANCE CLINIC**

**415 No. Ninth Street  
Terre Haute, Indiana**

**Phone L-6291**

## VIGO COUNTY ADULT AND CHILD GUIDANCE CLINIC

### What is it?

The clinic is an out-patient agency where adults and children with emotional problems may come to have them diagnosed and treated.

### Where is it?

The clinic is at 415 North Ninth Street on the second floor of the Family Service Building. The parking lot and entrance are reached from Ninth Street, just north of Chestnut. The telephone number is Lincoln 6291.

### Who may use it?

Any resident of Vigo County who cannot afford private psychiatric treatment may use the facilities of the clinic.

### How does one become a patient of the clinic?

Any eligible individual may be referred to the clinic by letter or phone. Referrals may come from physicians, clergymen, the schools, other agencies or from interested persons. An individual may refer himself to the clinic.

### What does treatment cost?

Fees are arranged according to each individual's ability to pay. NO ONE will be refused treatment because he cannot afford it.

### How is the clinic financed?

The clinic is financed by appropriations from the Vigo County Council and the United Fund and by fees. Money from these sources is supplemented by appropriations from the Indiana Department of Mental Health.

### When is the clinic open?

The clinic is open Monday through Friday from 8:00 A.M. to 5:00 P.M. All interviews are by appointment.

### What does an individual find when he is referred to the clinic?

An appointment is made for a diagnostic "in-take" interview. At that interview with a member of the clinic staff, the individual will discuss his problem, take some simple tests, and his fee schedule will be established. In some cases additional "in-take" interviews are necessary, and members of the individual's family are interviewed as well. ALL INTERVIEWS AND DISCUSSIONS AT THE CLINIC ARE STRICTLY CONFIDENTIAL. After "in-take," unless some other disposition is made of the case, a regular series of weekly or bi-weekly appointments is set up, and the individual enters treatment as a patient of the clinic.

### Who is on the staff?

The clinic staff, as required by state law, consists of a psychiatrist, a psychologist and several psychiatric case workers. The staff uses a "team" approach. Although an individual will usually have appointments with the same staff member, on occasion he may see other members of the staff. Each case is regularly discussed by the whole staff at a staff conference. The clinic also employs a full-time secretary.

### Does the clinic "cure" a patient?

The individuals who come to the clinic with emotional problems are helped to understand themselves and to cope with their problems. The clinic has helped many people to continue to lead productive, useful lives in the community who would otherwise have to be hospitalized at a great burden to their families and to the community. Many people come to the clinic with problems that are not so serious as to require hospitalization but which disturb them a great deal and can be treated in an out-patient clinic.

### How does the clinic serve the community?

The clinic serves the community by diagnosing and treating emotional problems of individuals within the community, by helping individuals remain within the community, thereby avoiding disruptive and expensive hospitalization. The clinic staff is available for consultation with other agencies within the community.



The staff is also available to give explanatory talks to interested groups in the community.

### **How can the community support the clinic?**

Every taxpayer supports the clinic through the appropriations of the County Council and through State funds. Every resident of the county can support the clinic by understanding its function and contribution to making his community a better place to live.

VIGO COUNTY  
ADULT AND CHILD GUIDANCE CLINIC, INC.

415 North 9th Street  
TERRE HAUTE, INDIANA

Lincoln 6291

Emeline Fairbanks Mem. Library

HEADQUARTERS

415 N. 9th Street

REFERENCE  
DO NOT CIRCULATE

BRIEF HISTORY

Planning toward the establishment of a Guidance Clinic in Vigo County began in 1950 when the Vigo County Mental Hygiene Society was formed. In 1952 the name was changed to the Vigo County Mental Health Association. A great deal of groundwork had to be done before definite steps could be undertaken toward the establishment of a community Guidance Clinic and Center.

In the Spring of 1957 a joint meeting of the Mental Health Association and Community Council brought Dr. Theodore Hill, a psychiatrist with the St. Joseph County Guidance Clinic in South Bend, Indiana, to discuss steps which should be taken toward the establishing of a Clinic in Vigo County. At the close of that meeting a steering committee was organized. The Vigo County Medical Society passed a resolution approving the establishment of a Clinic. In October 1957, an organization meeting was held at which officers and Board of Directors were elected for the new agency. In January 1959 after employing a psychiatrist, a psychiatric social worker, and a Clinical psychologist, the Clinic was incorporated and opened its doors to offer services.

SERVICES

The Clinic serves as an Out-Patient facility for the diagnosis and treatment of the emotional problems of adults and children. In addition to preparing diagnosis and treatment for individuals, the Clinic Staff is available for consultation for community agencies.

SOURCE OF FUNDS

The Clinic is financed by appropriations by the County Council, United Fund, fees, and matching State Funds.

ELIGIBILITY FOR SERVICES

Any person who is a resident of Vigo County is eligible for the services of the Clinic, providing they do not earn more than the maximum established by the board of directors.

OTHER DATA

The Clinic is open from 8:00 a.m. to 5:00 p.m., Monday through Friday. Interviews are by appointment only. Referrals may be made by physicians, clergymen, schools, agencies, and interested citizens, as well as individuals making their own referrals.

UNITED  
FUND



A UNITED FUND AGENCY